

THE GRANOLA BAR IS COMMITTED TO GIVING YOU AN OUTSTANDING CATERING EXPERIENCE FOR EVENTS OF ALL SIZES! WE OFFER PICK-UP, DELIVERY, AND ON-SITE CATERING. ADDITIONALLY, THE GRANOLA BAR SPACES ARE AVAILABLE FOR PRIVATE PARTIES & EVENTS! NEED AN EXTRA HAND? WE OFFER SERVICES FOR PARTY DESIGN & DECOR, SET-UP, AND MORE – JUST ASK!



**BOOK OUR FOOD TRUCK!**

**CATERING, FOOD TRUCK & PRIVATE PARTY INQUIRIES: [INFO@THEGRANOLABARCT.COM](mailto:INFO@THEGRANOLABARCT.COM)**

PLEASE ALLOW AT LEAST 72 HOURS NOTICE FOR ALL CATERING ORDERS

## BAKERY PLATTERS

### SIGNATURE GRANOLA BARS

**PALEO/GLUTEN FREE  
COOKIES & BROWNIES**

### BAKERY SWEETS

## BEVERAGES

### BOX OF JOE | SERVES 10

includes cups, stirrers, sweetener, and milk(s)  
» non-dairy milk available

### TEA TIME | SERVES 10

assorted tea bags and hot water;  
includes cups, stirrers, sweetener, and milk(s)  
» non-dairy milk available

### BOTTLED BEVERAGES

- » iced coffee
- » fresh brewed iced tea  
black, green or hibiscus
- » lemonade
- » half & half
- » bottled water
- » sparkling water

### *platter sizes*

small 8-10 » large 12-15

WESTPORT  
275 POST ROAD EAST  
WESTPORT, CT 06880  
203.349.5202

GREENWICH  
41 GREENWICH AVE  
GREENWICH, CT 06830  
203.883.5220

STAMFORD  
THE GRANOLA BAR TO GO  
700 CANAL STREET  
STAMFORD, CT 06902  
203.883.0304

RYE  
96 PURCHASE STREET  
RYE, NY 10580  
914.709.4229

ARMONK  
575 MAIN STREET  
ARMONK NY 10504  
914.861.3070

FAIRFIELD  
1876 BLACK ROCK TPK  
FAIRFIELD, CT 06825  
203.692.4311

**catering  
menu**  
@THEGRANOLABAR

## platters to share

### PALEO BAKERY PLATTER

assorted muffins & breads served with raw honey & house almond butter

### BAKERY PLATTER

assorted muffins & bagels served with butter, cream cheese (plain & scallion), jam and house made almond butter

### MINI PARFAITS

your choice of one of our signature parfaits

### FRUIT PLATTER

fresh seasonal fruits

### HOUSE SPREADS PLATTER

choice of fresh seasonal vegetables, house made chips, or paleo breadsticks with your choice of two spreads: traditional hummus, green goddess dressing

### AVOCADO TOAST

chunky avocado served on toasted multigrain or paleo flax bread

- » olive oil and sea salt
- » bacon & house jalapeño sauce
- » jalapeño pesto & cotija
- » feta & crushed red pepper flakes
- »bacon & parm jalapeño sauce
- »apple, goat cheese & honey
- »buffalo chicken

## wrap platters

» choose one type of wrap or a combination

### THE BEACH

double bacon, egg and cheese with avocado and hot sauce

### THE DANA

egg whites, spinach, avocado & turkey bacon in a whole wheat wrap

### THE HEISENBERG

scrambled eggs, sausage, bacon, cheddar cheese, hot sauce in a grilled whole wheat wrap

## platter sizes

small 8-10 » large 12-15

CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH OR EGGS MAY INCREASE YOUR RISK OF FOODBORNE ILLNESS. BEFORE PLACING YOUR ORDER, PLEASE INFORM US IF A PERSON IN YOUR PARTY HAS A FOOD ALLERGY.

### BREAKFAST BURRITO

scrambled eggs, quinoa, black beans, avocado, american cheese, charred chipotle salsa in a grilled whole wheat wrap

### ALMOND CHICKEN SALAD

chicken salad with vanilla almond granola & grapes, bacon, mixed greens, heirloom tomato in a whole wheat wrap

### BUFFALO CHICKEN

chicken, cheddar cheese, parm jalapeño sauce, hot sauce, mixed greens, heirloom tomato in a whole wheat wrap

### COUNTRY CLUB

roasted turkey, swiss cheese, bacon, heirloom tomato, thousand island on grilled sourdough

### BELLO BURGER

marinated portobello burger, mixed greens, heirloom tomato, thousand island on a brioche bun

## signature salad bowls

» served family style!

### BRUSSELS & KALE

shaved brussels sprouts, kale, quinoa, sesame almonds, dried cranberries, maple mustard vinaigrette

### THE NAUGHTY COBB

mixed greens, chicken, hard boiled eggs, feta, tomato, cucumber, maple-bacon granola, fig balsamic

### HOUSE MARKET SALAD

mixed greens, cucumbers, carrots and tomatoes with your choice of dressing

### QUINOA BOWL

cucumbers, tomatoes, avocado, black beans

### TOP IT OFF!

CHICKEN » ROASTED TURKEY » BACON » BAKED SALMON

### house made dressings

- » green goddess » maple-mustard
- » fig balsamic » citrus vinaigrette » spicy tahini

(all dressings are gluten free)

# BUILD YOUR OWN boutique box

» choose one of each of the following «

## MAIN

- » crunchy elvis
- » paleo turkey club
- » bababooney wrap
- » raw oatmeal
- » almond chicken
- » brussels & kale
- » breakfast burrito
- » salad wrap
- » house market
- » the heisenberg
- » miso chicken wrap
- » salad w/chicken

**SIDE** » fresh fruit » salad greens

## SWEET TREAT

- » granola bar
- » sweet potato brownie
- » energy bites
- » cookie
- » muffin of the day

## BEVERAGE

- » iced coffee
- » fresh brewed iced tea
- » lemonade
- » bottled water