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# The Granola Bar **EVENT SPACE**

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Three Granola Bar locations are available for private parties or corporate events. For more information, please visit our website.

**TGB WESTPORT | TGB GREENWICH | TGB RYE**

## HELPFUL HINTS

### WHEN SHOULD YOU BOOK YOUR EVENT?

The more notice we have, the better, but with at least 48 hours notice, we'll be able to accommodate your order!

### CAN THE GRANOLA BAR SERVICE GROUP ORDERS?

Sure! When an entire company or office floor requires individually packaged meals for delivery, we would be happy to help! For more information on how to set up these orders, please email us at [catering@thegranolabarct.com](mailto:catering@thegranolabarct.com)

### WHAT IS YOUR CANCELLATION POLICY?

Since we purchase and prepare all fresh ingredients for your order, we require at least 24 hours notice for catering changes. We reserve the right to apply a cancellation fee for orders cancelled after 9am on the day prior to the event.

### ARE THERE ANY ADDITIONAL FEES?

The only other fees are sales tax, an admin fee and delivery charge.

### HOW DO I PLACE AN ORDER?

To place an order, please click on our [CATERING ORDER FORM](#) on our website [www.thegranolabarct.com](http://www.thegranolabarct.com) or email us at [catering@thegranolabarct.com](mailto:catering@thegranolabarct.com)

## INDIVIDUAL BREAKFAST AND LUNCH CATERING BOXES AVAILABLE

- Made with love and gloves☺
- No shared utensils
- Ideal for social distancing
- Your guests can grab & go

**INQUIRE WITHIN**

# The **GRANOLA** **BAR**

*Serving Happiness* *Monday to Sunday*

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## CATERING MENU

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## FOUNDED BY BFFS WITH NO BS

TGB was founded on the friendship born between two moms as they shared their thoughts on how to feed their kids. There may be other ways to do business, but no better way to create the cafe that'll make you feel so at home.

WESTPORT CT, FAIRFIELD CT, STAMFORD CT, GREENWICH CT, RYE NY

# BREAKFAST *All Day*

## THE TGB BREAKFAST PLATTER | 7

A selection of TGB's signature homemade breakfast pastries, including - miniature muffins, croissants, bagels, scones & our signature granola bars, garnished with berries & served with butter, cream cheese & jam

## CONTINENTAL BREAKFAST | 11

The TGB Platter, sliced fruit & orange juice

+2.5 for coffee

## YOGURT & GRANOLA PARFAITS OR OVERNIGHT OATS | 5

Your choice of one of our signature miniature parfaits or overnight oats with assorted toppings

+2 for house-made cashew yogurt

## STUFFED CHALLAH FRENCH TOAST | 9

A TGB original© Rick's amazing challah stuffed with fresh strawberries & cream cheese, or Nutella & served with maple syrup, sugar & fresh berries

## TGB AT HOME! | 8

Have your favorite granola set up in your home or office, served with an assortment of our most popular toppings or choose our Hot Oatmeal Bar - served with a selection of toppings - \$6

+2 for fresh yogurt

## SMOKED SALMON & BAGEL PLATTER | 17

Hand-sliced smoked salmon served with bagels, cream cheese, red onion, beefsteak tomatoes & capers

Prices listed are per person | 8 person minimum

## BREAKFAST WRAPS | 7-10

A selection of our breakfast wraps served warm; bacon egg & cheese, sausage egg & cheese, pork carnitas egg & cheese, The Beach, The Dana, The Heisenberg, and our famous Breakfast Burrito

+2 for substituting challah rolls

## HOMEMADE QUICHE | 6

Mushroom & spinach or bacon, cheese & caramelized onions

## AVOCADO TOAST BAR | 10

Our make-your-own avocado toast bar - served on multi-grain or +2 paleo flax bread. Your guests can build their own & enjoy!

*Choose from:*

olive oil & sea salt

+2 apple, goat cheese & honey

+2 bacon & house jalapeno sauce

+2 smoked salmon with capers

+2 feta & crushed red pepper

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# WE SERVE *you,* THEN YOUR FOOD.

We cater to people, not customers. We get you, and your order. And it'll always arrive with a bit of kindness on the side.

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# LUNCHLUNCHLUNCH

## THE TGB SANDWICH/WRAP PLATTER | 12

A selection of our most popular sandwiches. may include:

- Mozzarella, tomato & pesto
- Turkey, brie & sliced apple
- Blackened salmon & warm quinoa
- Almond & red grape chicken salad
- BLT with house green goddess
- Balsamic portobellos served with avocado, cheddar, greens & herbed mayonnaise
- Roast turkey, swiss, coleslaw & TGB sauce
- Egg salad with green goddess & dill
- Buffalo chicken with cheddar, jalapeno sauce, lettuce & tomato

## SIGNATURE SALAD BOWLS | 10

|                             |  |
|-----------------------------|--|
| Brussels & Kale             | Brussel sprouts & kale, quinoa, dried cranberry & slivered toasted almonds                                     |
| The Naughty Cobb            | Assorted mixed greens, cerry tomatoes, hard boiled egg, cucumber, feta & maple bacon granola                   |
| Taco Bowl                   | Pork carnitas, sweet potatoes, black beans, chipotle salsa & parm jalapeno, served over roasted cauliflower    |
| Raw Superfood Chopped Salad | Kale, walnuts, cabbage, broccoli, cauliflower, sunflower seeds & dried cranberries                             |
| Spinach Salad               | Spinach, sliced strawberries, shaved parmesan & crunchy cinnamon granola                                       |
| Chinese Chicken Salad       | Mixed greens, mandarin oranges, grilled chicken, crunchy wontons, toasted almonds & scallions                  |
| Buddha Bowl                 | Balsamic portobello mushrooms, sautéed spinach, cherry tomatoes, hard boiled egg, sliced avocado & warm quinoa |

# Sides



## ORZO SALAD | 7

Cherry tomatoes, red onion, kalamata olives, cucumbers & feta

## SKINNY RED BLISS POTATO SALAD | 7

Chopped celery, Greek yogurt, light mayonnaise, brown mustard & green onion

## FARRO SALAD | 7

Portobello mushrooms, apples, sweet potatoes, black beans & chopped scallions

## THE TGB MACARONI & CHEESE (SERVED WARM) | 7

Outrageously cheesy, ultra creamy & topped with our crunchy house-made granola

# BEVERAGES

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|--|-----|
| <b>COFFEE</b>  | 2.5 |
| Regular or decaffeinated   |     |
| <b>ICED COFFEE</b>   | 2.5 |
| <b>ORANGE JUICE</b>  | 3   |
| <b>HOT WATER/ TEA</b>  | 2   |
| <b>BOTTLED WATER/SELTZER</b>   | 2   |
| <b>ICED TEA &amp; LEMONADE</b>   | 3   |
| Hibiscus, Green tea, Rosemary peach lemonade, Half & half and Pomegranate lemonade |     |



# Bakery



\*Paleo / gluten-free  
desserts available  
- ask us!

## DESSERT PLATTER | 6

A selection of TGB's signature desserts garnished with berries

**Cookies** —————> Chocolate chip, m&m, Sugar, Oatmeal raisin

**Brownies & Bars** —————> Fudge, Cookie dough, Nutella™, Blondies

**Mini Granola Bars** —————> Nutella, Almond butter and jelly, Toasted nuts, Almond butter chocolate chunk

## MINI CUPCAKES | 5

Chocolate, Vanilla and Carrot cake

## CELEBRATION CAKES & CUPCAKES | 6

GLUTEN FREE OPTIONS AVAILABLE

Our master baker, Rick Dickinson will sweeten up your event with one of his delicious, custom creations

Available in 6", 8", 10" or larger

+4 for sliced fruit to any order

## Kids CATERING | 16

- Baked chicken tenders
- TGB macaroni & cheese
- Goey challah grilled cheese
- Cupcakes, cookies & brownies
- Mini turkey club

## TGB'S CHOCOLATEY HOT CHOCOLATE | 3

Whipped cream and marshmallows included

# Party PLATTERS

## ARTISANAL CHEESE PLATTER | 6

Selection of international & domestic cheeses, served with an assortment of breads & crackers, garnished with seasonal berries

## VEGETABLE CRUDITE | 7

Fresh-cut vegetables served with our house-made beet hummus & green goddess dip

## DEVILED EGGS | 5

Candied turkey bacon Feta & red crushed pepper

+2 Smoked salmon & pickled onion

## TGB'S CHILI BAR | 12

Home-made chili - Choose from turkey or vegetarian:  
Served with cornbread & all the toppings; guacamole, pico de gallo, cheese, black beans & sour cream

## THE TGB SOMETHING FOR EVERYONE PLATTER | 18

A gorgeously-arranged skewered platter of chicken kebabs, grilled seasonal vegetables, beef tenderloin & medallions of salmon served with a creamy horseradish dipping sauce

## THE BEST SLIDER BAR EVER ☺ | 12

Rick's slider buns overstuffed with lots of deliciousness!

Choose from:

pulled pork

blackened salmon

grilled chicken

grilled cheese

portobello mushroom

